

ACTONS LUNCH



SHARING PLATES

CHARCUTERIE BOARD	£13.95
Breton pork terrine, cured meats, young buck blue cheese, manchego, cornichons & piccalilli, ciabatta	
NACHOS (GF)	£10.95
tortilla chips, spicy tomato salsa, guacamole, sour cream, jalapeños, cheese sauce	

STARTERS

HALLOUMI (GF)	£5.95
with honey & chilli	
BREAD BASKET (GF*) (V.A.)	£5.95
ciabatta, flatbread, tomato pesto, hummus & butter	
GARLIC BREAD (GF*)	£4.50
with cheese	£5.25
BREADCRUMBED MUSHROOMS with garlic mayo (GF*)	£6.75
TODAY'S SOUP (GF*) (V.A.)	£6.00
with crusty bread	
HOT WINGS (GF)	£6.95
with cool blue cheese dip	
SIZZLING PORTAVOGIE PRAWNS	£7.45
chilli, chorizo & garlic (GF*)	
VEGETARIAN SPRING ROLL (V)	£5.95
with soya, chill & sesame dip	

GRILLS, MEATS & BURGERS

HOT CHICKEN CAESAR SALAD FLAT BREAD	£9.95
with or without anchovies	
CHORIZO & RED PEPPER CHICKEN (GF*)	£12.95
breadcrumbs, breast of chicken, tender stem broccoli, chorizo cream & garlic chips	
JERK CHICKEN (GF)	£13.95
with coconut rice & mango salsa	
ACTON'S BURGER (GF*)	£12.95
with bacon, cheddar, tomato, relish, gherkin, salad & frites	
HALF RACK OF BBQ PORK RIBS	£10.45
bbq sauce, coleslaw & frites	
STEAK SANDWICH	£14.45
with mushrooms, crispy onions, frites & pepper sauce	
AGED IRISH SIRLOIN 10oz (GF)	£26.45
served with a choice of side order & are served with your choice of sauce - garlic butter or pepper sauce	

FISH

FISH TACO	£9.95
with breadcrumb haddock goujons, mango, chilli, lime & chipotle salsa	
LOCAL STEAMED MUSSELS WITH FRITES (GF*)	£13.50
shallot, garlic & white wine cream with crusty bread	
BATTERED LOCAL HADDOCK (GF)	£13.95
with tartare sauce, peas & chunky chips	
BATTERED SCAMPI (GF)	£16.95
with tartare sauce & chunky chips	
FILLET OF SEABASS (GF)	£15.95
with prawns & warm Spanish potato salad	

ACTONS POKE BOWL

Basmati rice with pak choi, chilli & ginger, broccoli, edamame, spinach, radish, red cabbage, mouli, piquillo pepper	
With teriyaki glazed salmon (GF)	£13.95
With teriyaki glazed chicken (GF)	£11.95
With tempura broccoli (V) (GF)	£11.95

VEGAN & VEGETARIAN

SPINACH & CHICKPEA CURRY (V) (GF*)	£11.95
with basmati rice, pak choi, chilli & ginger, and popadom	
NUT ROAST FRITTERS (GF) (V)	£11.95
with roast mushrooms, tomatoes, lentils & fresh herbs	
VEGGIE BURGER (V.A.)	£10.95
with choice of side orders (with or without cheese)	

SIDES

Skinny fries, Chunky chips (plain or garlic)	£4.00
baby boiled potatoes, sweet potato fries	£4.00
seasonal vegetable selection, onion rings	£4.00
market salad, basmati rice with pak choi, chilli & ginger	£4.00
Actons Dirty Fries (not available as part of menu item)	£6.00
topped with cheese, spicy sauce, crispy onions & jalapeños	

PLEASE INFORM YOUR WAITING STAFF OF ANY ALLERGEN REQUIREMENTS.

Food Allergies & Intolerances

When making your order, please speak to our staff about the ingredients in your meal. Please be advised that food allergens are handled in the kitchen. In some cases, allergens may be unavoidably present due to shared equipment or the ingredients used.

GF - made from non gluten products GF* - can be made with non gluten products (however please note there are gluten products throughout the kitchen & we cannot guaranty there is no gluten in the finished product).

V - made from vegan products V.A. - can be made with vegan products (Please note - vegan does not signify allergen free)