

ACTONS LUNCH



STARTERS

HALLOUMI (GF) with honey & chilli	£4.95
BREAD BASKET (GF*) (V.A.) ciabatta, flatbread, tomato pesto, hummus & butter	£5.95
GARLIC BREAD (GF*) with cheese	£4.25
ONION BHAJI with cucumber yoghurt & salad	£4.25
TODAY'S SOUP (GF*) (V.A.) with crusty bread	£5.50
KOREAN SPICED CHICKEN WINGS (GF*)	£5.95
KOREAN SPICED CAULIFLOWER WINGS (GF*) (V)	£5.50
SIZZLING PORTAVOGIE PRAWNS chilli, chorizo & garlic (GF*)	£6.95
GRILLED GOAT'S CHEESE SALAD with clementines, candied walnuts, sliced fig & croutons	£6.95
SALTED CHILLI CHICKEN SALAD with Thai style noodles & hot n spicy sauce	£6.95

GRILLS, MEATS & BURGERS

CHORIZO & RED PEPPER CHICKEN (GF*) breadcrumbs breast of chicken, tender stem broccoli, chorizo cream & garlic chips	£12.95
CHICKEN & PRAWN THAI RED CURRY with basmati rice & flat bread	£12.95
ACTON'S BURGER (GF*) with bacon, cheddar, tomato, relish, gherkin, salad & frites	£12.95
HALF RACK OF BBQ PORK RIBS bbq sauce & frites	£9.95
HONEY & GUINNESS GLAZED PORK FILLET with champ fritters & broccoli	£15.95
STEAK SANDWICH with mushrooms, crispy onions, frites & pepper sauce	£11.95
FLAT IRON STEAK 8OZ (served rare) (GF)	£13.95
AGED IRISH SIRLOIN 10oz (GF)	£25.95

All our cuts are served with a choice of side order & are served with your choice of sauce - garlic butter or pepper sauce

FISH

BATTERED LOCAL HADDOCK (GF) with tartare sauce, peas & chunky chips	£12.95
BATTERED SCAMPI with tartare sauce & chunky chips	£15.95
ACTON'S POKE BOWL with teriyaki glazed salmon Basmati rice with avocado, pak choi, chilli & ginger,, tenderstem broccoli, edamame, spinach, radish	£11.95
ACTON'S POKE BOWL Basmati rice with avocado, pak choi, chilli & ginger,, tenderstem broccoli, edamame, spinach, radish (V)	£8.95
VEGETABLE THAI RED CURRY (V.A.) (GF*) with onion bhaji, cucumber yoghurt & flat bread	£10.95
VEGGIE BURGER (V.A.) with choice of side orders (with or without cheese)	£9.95

VEGAN & VEGETARIAN

SIDES

Skinny fries, Chunky chips (plain or garlic)	£3.95
baby boiled potatoes, champ fritters	
seasonal vegetable selection, onion rings	£3.95
market salad	£3.95
Actons Dirty Fries (not available as part of menu item) topped with cheese, spicy sauce, crispy onions & jalapeños	£5.95

PLEASE INFORM YOUR WAITING STAFF OF ANY ALLERGEN REQUIREMENTS.

Food Allergies & Intolerances

When making your order, please speak to our staff about the ingredients in your meal. Please be advised that food allergens are handled in the kitchen. In some cases, allergens may be unavoidably present due to shared equipment or the ingredients used.

GF - made from non gluten products GF* - can be made with non gluten products (however please note there are gluten products throughout the kitchen & we cannot guaranty there is no gluten in the finished product).

V - made from vegan products V.A. - can be made with vegan products (Please note - vegan does not signify allergen free)